

Press Release Distribution Report

May 13, 2026

Company Name

Brandon

Email

Info@ronmillicent.com

Country

United States

Website

<https://ronmillicent.com/>

Distribution Report

Ron Millicent Launches Transformational Self-Esteem Book Series Now Available on Amazon and Major Platforms

Date Submitted: 2026-05-13

Recorded Full Page Placements*

235

Potential Audience Reach

20K

Google Pickup



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Google News Pickup



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Yahoo Pickup



[See your release](#)

Bing Pickup



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Your Submitted Press Release

United States, 14th May 2026 - Author **Ron Millicent** announces the wide availability of his acclaimed self-development book series, offering readers a powerful and practical approach to building self-esteem, personal growth, and life purpose. The series, now accessible across all major platforms including Amazon, presents a unique blend of real-life experiences, actionable habits, and timeless philosophy designed to create lasting transformation.

Through this four-book collection, Millicent delivers a refreshing alternative to traditional self-help literature, focusing not on abstract motivation, but on **practical application, discipline, and real-world insight**.

A Complete Self-Esteem and Life Philosophy Series

Book 1: Self Esteem – Discover How Easy It Is

<https://www.amazon.com/Self-Esteem-Discover-How-Easy/dp/B0GH2L85WR>

This foundational book introduces readers to the core principles of self-esteem through relatable life experiences and practical lessons. Rather than relying on surface-level affirmations, it emphasizes **purpose, mindset, and understanding life's deeper meaning**. The book explores how everyday situations can become powerful tools for self-growth, helping readers reclaim confidence and direction.

Book 2: Self Growth – Through Self Esteem Techniques

<https://www.amazon.com/Self-Growth-Through-Esteem-Techniques-ebook/dp/B06XJ8CC8R>

Building on the foundation of the first book, this installment provides structured techniques and exercises to develop self-esteem through consistent action. It introduces the concept of recognizing life's "hidden gifts" and transforming experiences into personal growth. The book serves as a **practical guide to applying self-esteem principles in daily life**, helping readers unlock clarity and purpose.

Book 3: Successful Habits Leading to Self Esteem

<https://www.amazon.com/dp/B00NAJ9V NK>

This book shifts the focus to habit formation as the key driver of confidence and success. It presents a step-by-step system designed to help readers build **lasting self-esteem through discipline, consistency, and measurable progress**. By combining timeless wisdom with modern insights, Millicent demonstrates that true confidence comes from competence and action.

Book 4: A Journey Interrupted

<https://www.amazon.com/Journey-Interrupted-Ron-Millicent/dp/B0GF7P1813>

In this deeply personal and emotional narrative, Millicent shares a powerful story of love, faith, and resilience during a life-altering health crisis. The book, as highlighted, presents a “rock-solid philosophy of life” built on belief, humor, and perspective. It offers readers a profound message about overcoming adversity and finding strength in the most challenging moments.

A Unique Voice in Self-Development

What distinguishes Ron Millicent’s work is its authenticity. Rather than relying on academic theory, his books are rooted in decades of lived experience, offering insights that are both relatable and actionable. His approach combines:

- Real-world experiences over theoretical concepts
- Practical habits instead of temporary motivation
- Spiritual grounding alongside personal development
- Humor and storytelling to simplify complex ideas

Across the series, a consistent message emerges:

True self-esteem is built through action, perspective, and disciplined habits, not empty affirmations.

Empowering Readers Worldwide

The Ron Millicent series is designed for individuals seeking meaningful, lasting change. By focusing on real-life application, the books help readers:

- Build confidence through consistent habits
- Develop a strong sense of purpose and direction
- Navigate challenges with resilience and clarity
- Transform everyday experiences into opportunities for growth

With availability on Amazon and other major platforms, the series is reaching a growing audience of readers looking for **practical, no-nonsense guidance in personal development.**

About the Author

Ron Millicent is a self-development author known for his practical and experience-driven approach to personal growth. His work focuses on helping individuals rediscover purpose, build self-esteem, and live more meaningful lives through simple yet powerful principles. Drawing from decades of real-life challenges and insights, his books offer a refreshing perspective on achieving confidence and fulfillment.

Availability & More Information

All four books are now available on Amazon and major online platforms.

For more information, visit:



















Ronmillicent.com


















For media inquires please contact:



















Ron Millicent




















Website: [Ronmillicent.com](https://ronmillicent.com)



















Email: info@ronmillicent.com



















Company Name	Link	Type	Industry	Top 3 Visiting Countries	Potential Audience
	View Release	News	Finance	US, UK, CA	9000 visit/month
	View Release	News	Finance	UK, CA, EU	9000 visit/month
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Company Name	Link	Type	Industry	Top 3 Visiting Countries	Potential Audience
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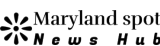




Company Name	Link	Type	Industry	Top 3 Visiting Countries	Potential Audience
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Company Name	Link	Type	Industry	Top 3 Visiting Countries	Potential Audience
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	View Release	News	Business News	US,	7000 visit/month
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Company Name	Link	Type	Industry	Top 3 Visiting Countries	Potential Audience
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Company Name	Link	Type	Industry	Top 3 Visiting Countries	Potential Audience
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	View Release	News	Gaming	US, UK, CA	7000 visit/month
	View Release	News	Finance	US, UK, C A	7000 visit/month
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	View Release	News	Gaming	UK, US, CA	11000 visit/month
PressRelease	View Release	News Portal	Media & Information	US, UK, MX	100k visit/month
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	View Release	News	Finance	US, UK, CA	12000 visit/month
	View Release	News	Finance	US, UK, CA	11000 visit/month
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Company Name	Link	Type	Industry	Top 3 Visiting Countries	Potential Audience
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Company Name	Link	Type	Industry	Top 3 Visiting Countries	Potential Audience
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Company Name	Link	Type	Industry	Top 3 Visiting Countries	Potential Audience
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Company Name	Link	Type	Industry	Top 3 Visiting Countries	Potential Audience
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Company Name	Link	Type	Industry	Top 3 Visiting Countries	Potential Audience
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Company Name	Link	Type	Industry	Top 3 Visiting Countries	Potential Audience
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